



**PHYSICIAN'S ASSESSMENT OF WORK ABILITIES: please indicate level of restrictions where applicable.**

DEMAND	LIMITATIONS
Twist/Turn	
Bend	
Climb	
Walk	
Sit	
Squat	
Stand	
Balance	
Push / Pull	
Lift: Floor to waist	
Waist to shoulder	
Above shoulder	
Work Shifts	
Working at Heights	
Neck	
Shoulder	
Wrist	
Grip	
Judgment	
Ability to provide Supervision	
Ability to provide Instruction	
Public or Student Contact	
Multiple Tasks	
Concentration	
Hearing	
Speech	
Operating Machinery / Motor	
Other	
<b>ESTIMATED DURATION OF RESTRICTION/INCAPACITY:</b>	<b>COMMENTS</b>
<input type="checkbox"/> ____ days	
<input type="checkbox"/> 2 - 4 weeks	
<input type="checkbox"/> 4 - 6 weeks	
<input type="checkbox"/> 6 - 8 weeks	
<input type="checkbox"/> 8 - 10 weeks	
<input type="checkbox"/> > 10 weeks	
<input type="checkbox"/> long term ____ weeks	
<input type="checkbox"/> Permanent.	
<b>Treatment Plan/Appointment Schedule:</b>	

**Additional Notes:**

**I certify that the information provided above is true and accurate to the best of my expertise and knowledge.**

Professional's Name \_\_\_\_\_

Professional's Preferred Contact Information: \_\_\_\_\_

Professional's Signature \_\_\_\_\_ Date: \_\_\_\_\_

STAMP (if applicable)

**RETURN COMPLETED FORM TO: [HR@cnc.bc.ca](mailto:HR@cnc.bc.ca) or by Fax (250) 561 5864.**

For HR use ONLY

**Accommodation:**  
Review Date \_\_\_\_\_

**No Accommodation:**  
Date Reason is provided \_\_\_\_\_

Any documentation of a personal or medical nature can be submitted to the Human Resources department, who will share (as required) only information related to any work-related restrictions or circumstances that require accommodation. The confidentiality of your personal and/or medical information will be safeguarded by the Human Resources department in accordance with FIPPA regulations.