APA (American Psychological Association) Citations


APA is a "standard" style for citing sources in research papers in the social sciences and health (nursing).

Here are some examples of how to cite works in your bibliography (called References page) and in the text of your essay or term paper using APA style.

For setting up essay pages and formatting tips, and examples of a Title Page and a References page, see the information at the end of this handout.

Books

Book with one author (print or eBook from library database)

Author’s Last Name, First Initial. Second Initial if given. (Year of Publication). Title of book: Subtitle if given (edition if given and is not first edition). Publisher Name.


- Write the publisher’s name as shown in the work, followed by a period. Do not include designations of business structure (e.g., Inc., Ltd.) in the publisher name.

- In-Text Paraphrase or Narrative (Author’s Last Name, Year)
  o Example: (DuPont, 2019)

- In-Text Quote (Author’s Last Name, Year, p. Page Number)
  o Example: (DuPont, 2019, p. 62)

Book with two to 20 authors (print or eBook from library database)

- For a work with up to 20 authors include all of the names in the reference.

Two authors

Author’s Last Name, First Initial. Second Initial if Given, & Last Name of Second Author, First Initial. Second Initial if Given. (Year of Publication). Title of book: Subtitle if given (edition if given and is not first edition). Publishers Name.

- If there are two authors, include both names in the In-Text citation
- In-Text Paraphrase for two authors: Author Last Names (Year)
  - Example: Woodcock and Graham (2020) support the research ...
- In-Text Quote (Author Last Names, Year, p. Page Number)
  - Example: (Woodcock & Graham, 2020, p. 103)

### Three authors or more


- If there are three or more authors, include the name of only the first author plus “et al.” in every citation, including the first citation.
- In-Text Paraphrase for three or more authors: Author Last Name et al. (Year)
  - Example: Harley et al. (1993) suggest...
- In-Text Quote (Author Last Names, Year, p. Page Number)
  - Example: (Harley et al. 1993, p. 103)

### Work with 21 or more authors (print or eBook from library database)

- For a work with 21 or more authors, include only the first 19 names and three ellipses… and the final name in the reference. For in-text citations, include the name of only the first author plus “et al.” as above.


### Multiple works of the same author

- No date first, followed by works in chronological order, subsequent work only the date

### eBook from a website with one author

- Author’s Last Name, First Initial. Second Initial if Given. (Year of Publication). *Title of book: Subtitle if given*. Publisher. URL


- In-Text Paraphrase (Author's Last Name, Year)
  - Example: (Washington, 1880)
- In-Text Quote: (Washington, 1800, p. 36)
**Book with no author or editor**

- The Title becomes the main entry.


- In-Text Paraphrase (Title, Year)
  - Example: (Traditional and modern medicine, 2000)
- In-Text Quote (Traditional and modern medicine, 2000, p. 28)

**Edition statement**

Author’s Last Name, First Initial. Second Initial if Given & Last Name of Second Author, First Initial. Second Initial if Given. (Year of Publication). *Title of book: Subtitle if given.* (edition if given and is not first edition). Publisher Name.


- In-Text Paraphrase: (First Author Last Name & Second Author Last Name, Year)
  - Example: (Hicks & Stokes, 2017)
- In-Text Quote (Hicks & Stokes, 2017, p. 5)

**Edited book**

- Edited book with a single editor is (Ed.). More than one editor (Eds.).

Author’s Last Name, First Initial, Second Initial if Given & Last Name of Second Author, First Initial. Second Initial if Given. (Eds.). (Year of Publication). *Title of book: Subtitle if given.* Publisher Name.


**Edited eBook with a DOI**

*What is a DOI?* A DOI or digital object identifier is a unique alphanumeric string that identifies content and provides a persistent link to its location on the internet.

Author’s Last Name, First Initial, Second if Given. (Ed.). (Year of Publication). *Title of book.* Publisher Name. DOI.


- In-Text Paraphrase (Author Last Name, Year)
  - Example: (Arnett, 2019)
- In-Text Quote (Arnett, 2019, p. 53)
Article or chapter in an edited book

Author's Last Name, First Initial. Second Initial if Given. (Year of Publication). Title of chapter or article. In Editor's First Initial. Second Initial if Given. Editor's Last Name (Ed.), Title of book (edition if given and is not first edition, pp. first page number-last page number). Publisher Name.


- In-Text Paraphrase (Author & Author, Year)
  - Example (Kushner & Jackson, 2017)
- In Text Quote (Kushner & Jackson, 2017, p. 51)

Ebook with a DOI

Author’s Last Name, First Initial. Second Initial if Given. (Year of Publication). Title of book: Subtitle if given. Publisher Name. DOI


- In-Text Paraphrase (Author Last Name, Year)
  - Example: (Kuprecht, 2014)
- In-Text Quote (Kuprecht, 2014, p. )

Book republished in translation

Author’s Last Name, First Initial. Second if Given. (Year of Publication). Title of book: Subtitle if given. (First Initial of Translator, Second if Given. Last Name of Translator followed by Trans.). Publisher Name. (Provide year the work was originally published)


- In-Text Paraphrase (Author Last Name, Year original work published/Year republished work)
  - Example (Piaget, 1966/1969)
- In-Text Quote (Piaget, 1966/1969, p. 47)

Ancient Greek or Roman work

- For ancient Greek or Roman works, include the copyright date of the version used in the date element and the date of the original (ancient) publication in parentheses at the end of the entry. When the date of original publication is approximate, use the abbreviation “ca.” (which stands for “circa”).

An entry in an encyclopedia – signed

Author’s Last Name, First Initial. (Year of Publication). Title of entry. In Title of encyclopedia (Volume, pp. first page number-last page number). Publisher Name.


- In-Text Paraphrase (Author, Year)
  o Example: (Tooker, 1990)
- In-Text Quote (Tooker, 1990, p. 450)

An entry in an encyclopedia - unsigned

Title of entry. (Year of Publication). In Title of encyclopedia (Volume, pp. first page number-last page number). Publisher Name.


- In-Text Paraphrase (Title of chapter, Year)
  o Example: (Māori, 2017)
- In-Text Quote (Māori, 2017, p. 772)

Online encyclopedia or dictionary from a website – known author

Author’s Last Name, First Initial. Second Initial if Given (Year of Publication). In Editor’s First Initial. Second Initial if given. Last Name (Ed.), Name of encyclopedia or dictionary. Retrieved date from URL


Online multivolume encyclopedia signed

Author’s Last Name, First Initial. (Year of Publication). Title of entry. In Editor's First Initial. Second Initial if Given. Editor's Last Name (Ed.), Title of encyclopedia: (Volume, pp. first page number-last page number). Publisher Name.


- Use the spelling and capitalization of the publisher as shown on the work you used.
- In-Text Paraphrase (Author, Year)
  o Example: (Hopkins, 2006)
- In-Text Quote (Hopkins, 2006, p. 284)
Dictionary, thesaurus, or encyclopedia

Author Editor of dictionary, First Initial. (Ed). Title (Year of Publication). (Edition). Publisher.


- In-Text Paraphrase (Author, Year)
  - Example: (O’Toole, 2017)
- In-Text Quote (O’Toole, 2017, p. 63)

Online dictionary


- When an online reference work is continuously update and the versions are not archived use “n.d.” as the year of publication and include a retrieval date.
- In-Text Paraphrase (Author, Year)
  - Example: (Merriam-Webster, n.d.)

Journal Articles

Article by one author in an online journal with a DOI

Author's Last Name, First Initial. Second Initial if Given. (Year of Publication). Title of article: Subtitle if any. Name of Journal, Volume Number(Issue Number), first page number-last page number. DOI formatted as a hyperlink


- In-Text Paraphrase (Author, Year)
  - Example: (Inksetter, 2018)
- In-Text Quote (Inksetter, 2018, p. 120)

Article from an online journal with three or more authors with a DOI

Author’s Last Name, First Initial. Second Initial if Given, Last Name of Second Author, First Initial. Second Initial if Given, & Last Name of Third Author, First Initial, Second Initial if Given. (Year of Publication). Title of book: Subtitle if given (edition if given and is not first edition). Publishers Name. DOI

- **In-Text Paraphrase (Author, Year)**
  - Example: (Katz et al., 2019)
- **In-Text Quote (Katz et al., 2019 p. 80)**

**Journal, magazine or newspaper article without a DOI**

**Magazine**

Author’s Last Name, First Initial, Second Initial if given. (Year, Month). Title of article. *Magazine, volume*(issue number), pp. first page number-last page number.


- **In-Text Paraphrase (Author, Year)**
  - Example: (Brownell, 2019)
- **In-Text Quote (Brownell, 2019, p. 44)**

**Newspaper articles**

**Newspaper article in print**

Author’s last Name, First Initial. Second Initial if given. (Year of Publication, Month Day if given). Title of article. *Name of Newspaper, Section Page if given.*

Hoekstra, G. (2020, March 21). It may take 18 months to halt virus, say experts. *Vancouver Sun, A4.*

- **In-Text Paraphrase (Author, Year)**
  - Example: (Hoekstra, 2020)
- **In-Text Quote (Hoekstra, 2020, A4)**

**Newspaper article from a library database**

Author’s last Name, First Initial. Second Initial if given. (Year of Publication, Month Day is given). Title of Article: Subtitle if any. *Name of Newspaper, p. Section Page if given.*


- **In-Text Paraphrase (Author, Year)**
  - Example: (Rapaport, 2019)
- **In-Text Quote (Rapaport, 2019, G4)**
Webpage from a news website

- Use this format for articles published in online news sources such as CBC News, BBC News, The Guardian, HuffPost, Salon, CNN etc.

Author's Last Name, First Initial. Second Initial if Given. (Year of Publication, Month Day if Given). Title of article: Subtitle if any. Name of News Website. URL


Government Documents

Government documents in print

Name of Government, Agency or Committee. (Year of publication, Month Day). Title of document: Subtitle if given. Publisher Name.


- In-Text Paraphrase (Author, Year)
  - Example: (Truth and Reconciliation Commission of Canada, 2015)
- In-Text Quote (Truth and Reconciliation Commission of Canada, 2015, p. 115)

- Note: when the government department, agency or committee created the document and is also the publisher, omit the publisher

Government documents from a website

Name of Government, Agency or Committee. (Year of publication, Month Day). Title of document: Subtitle if given. URL


- In-Text Paraphrase (Government Agency, Year)
  - Example: (Canadian Council on Social Determinants of Health, 2013)
- In-Text Quote (Canadian Council on Social Determinants of Health, 2013, p. 24)
Statistics Canada

Statistics Canada. (Year of Publication). Title of documents: Subtitle if given (No. Number of Report if given). URL.


- In-Text Paraphrase: Age characteristics are defined by Statistics Canada (2019)
- In-Text Quote (Statistics Canada, 2019)

Legal documents, laws, statutes


- *The heading at the beginning of the act will give you basic numbers to cite. “R.S.C.” stands for “Revised Statutes of Canada”.*
- In-Text Paraphrase: Defence of property is covered by the Criminal Code (1985)
- In-Text Quote (Criminal Code, 1985, part 1, 35.1) *if you are quoting a part of the Code*


- “R.S.B.C.” stands for “Revised Statutes of British Columbia.”
- In-Text Paraphrase: Governance was established in the University Act (1996)
- In-Text Quote: (University Act, 1996, Part 3) *if you are quoting a part of the Act*


- *This is case law from “SCC” Supreme Court of Canada. “R” stands for “Regina” (i.e. the Queen/State).*
- In-Text Paraphrase: R. v. Latimer (2001) explains that…
- In-Text Quote: (R. v. Latimer, 2001)

Case Law

Interior Health Authority v. British Columbia Nurses’ Union, British Columbia Labour Arbitration Awards (2013). http://canlii.ca/hpc6g

- *Italicize the names of the cases in text, but not in the reference list.*
Webpages, electronic resources

page numbering

Many electronic resources do not include page numbers. The APA manual (section 8.28) stresses that it is important to provide readers with ways of locating a quoted passage. Here are some tips for all page numbering:

Rogers, 2009, p. 275 ← a page, if identified
Rogers, 2009, pp. 275-310 ← multiple pages
Rogers, 2009, para. 5 ← a paragraph in an electronic source that has no other paging
Rogers, 2009, pars. 5-6 ← multiple paragraphs
Rogers, 2009, Arthritis section ← a section of the content
Rogers, 2016, Conclusion section, para. 1 ← a more specific part of the section
Rogers, 2016, Chap. 3 ← chapter 3 of an ebook

Webpages

Author’s Last Name, First Initial, Second Initial if Given. (Year). Title of work. URL


- In-Text Paraphrase: Lecher (2019) provided a list of products that could not be recycled.
- In-Text Quote: (Lecher, 2019, para. 3) ← paragraph 3 is quoted

No author identified, (Year). URL

Title of Page: Subtitle (if any) (Year, Month, Date). URL

This ancient cave art is the oldest known ‘storytelling’ (2019, December 12).
https://www.cbc.ca/news/technology/cave-art-indonesia-1.5393624

- In-Text Paraphrase: Uranium-series analysis was used to date the art (This ancient cave art is the oldest known 'storytelling', 2019, para. 2).
- In-Text Quote: "Cave art in Sulawesi was first discovered in the 1950s" (This ancient cave art is the oldest known 'storytelling', 2019, para. 8)

Webpage on a website with a Corporation/Group/Organization (APA 10.111)


- In-Text Paraphrase: (Corporation/Group's Name, Year)
  o Example: New techniques are being used (Canadian Cancer Society, 2013)
- In-Text Quote: (Corporation/Group's Name, year, paging)
  o Example: (Canadian Cancer Society, 2013, Behavioural research section, para. 2)

- In-Text Paraphrase: Screening and testing are important measures (National Nurses United, n.d.).
- In-Text Quote: "Healthcare workers are at risk for exposure" (National Nurses United, n.d., Background section)

**Wikipedia entry**

- *Cite the archived version of the page you used. To access this information on Wikipedia select “View history,” choose the version you used, and copy its URL.*


- In-Text Paraphrase (“Title of Entry,” Year)
  - Example: (Pandemic, 2020)
- In-Text Quote (“Title of Entry,” Year, Section Name, Paragraph number)
  - Example: (Pandemic, 2020, COVID-19, para.1)

**In class notes/lectures**

- *Unpublished, unrecoverable personal communication are not included in the reference list because they do not provide recoverable data. Cite the lecture only in the body of your paper.*

**In a lecture on January 22, 2020 to an Anthropology 101 class, Professor Jones said…**

**PowerPoint slides**

- *If the slides come from a classroom website or learning management system and you are writing for an audience with access to that resource, provide the name of the site and its URL (use the login page URL for sites requiring login).*


- In-Text Paraphrase (Instructor’s Last Name, Year)
  - Example: (Reade, 2018)
- In-Text Quote: (Reade, 2018, slide 4)
Video & DVDs

- The director should be credited as the author of the film. If the director is unknown someone in a similar role can be credited instead. The format or other descriptive information may be added after the title in square brackets.

**Black, Andrew.** (Director). (2003). *Pride and prejudice.* [Film; DVD]. BestBoy Pictures.

- In-Text Paraphrase: The film was shot in Provo, Utah (Black, 2003)
- In-Text Quote: In one scene Elizabeth says to Darcy: “As much as I love being insulted by you, I think you'll be happier at a table for one.” (Black, 2003, 1:39)

Audiovisual timestamps

For video, audio, podcasts, movies, television shows, you can use a timestamp to point to a specific spot in the source, or to a range of time that you are quoting from or using as a reference. This information may be important to the reader, and your instructor may require this level of detail.

Black, 2003, **0:32** ← your quote or reference to content begins 0 min. 32 seconds into the source
Black, 2003, **4:03** ← 4 min. 3 seconds
Black, 2003, **4:03-6:10** ← from 4 min. 3 seconds to 6 min. 10 seconds
Black, 2003, **1:39:49-1:40:35** ← from 1 hour, 39 min., 49 seconds to 1 hour, 40 min., 35 seconds

YouTube video or other Streaming video

- The person or group who uploaded the video is credited as the author for retrievability, even if they did not create the work.

**Deep Look.** (2016, July 19). *This vibrating bumblebee unlocks a flowers hidden treasure.* [Video]. YouTube. https://www.youtube.com/watch?v=SZrTndD1H10

- In-Text Paraphrase: Bees have been observed vibrating blooms to make them release their pollen (Deep Look, 2016)
- In-Text Quote: “Buzzing is a secret password” (Deep Look, 2016, 0:12)

TED Talk


- In-Text paraphrase: Uustupa (2019) confirms that breastfeeding provides important nutrients for the baby.
- In-text quote: Breast milk provides “food for the good microbes” (Uusitupa, 2019, 4:46)
Podcast

- List the host of the podcast as the author. Alternatively provide the executive producers. In either case include their role of parentheses.


- In-text paraphrase: The series hosted by Vedantam (2015-present) provides insights into human behavior.
- In-text quote: The episode on Our Better Angels considers why people are “ignoring social distancing guidelines” (Vedantam, 2020, May 18)

Twitter (Tweets) (APA 10.103)

- If the tweet includes images (including animated gifs), videos, thumbnail links to outside sources, links to other tweets (as in a retweet with comment), or a poll, indicate that in square brackets.

Badlands National Park [@BadlandsNPS]. (2018, February 26). *Biologists have identified more than 400 different plant species growing in @BadlandsNPS #DYK #biodiversity* [Tweet]. Twitter. https://twitter.com/BadlandsNPS/status/968196500412133379

- In-text paraphrase: Efforts are being made to protect the park (Badlands National Park, 2018)
- In-text quote: “Biologists have identified more than 400 different plant species” in the area (Badlands National Park, 2018)

Visual Works

Art work in a museum or on a museum website

Name of Artist/Creator. (Year). *Title* [Type of work]. Name of Museum or Gallery, City, Country. URL


Images

Creator or Surname, Initials. (Year). *Title or description of image*. [Photograph]. Location. URL

Personal Communications

- Only cite personal communication in the text
- In-text paraphrase: C. Smith described how he composes music (personal communication, March 10, 2018)
- In-text quote: “I don’t work alone” (C. Smith, personal communication, May 7, 2020)

Traditional Knowledge or Oral Traditions

- If you spoke with an Indigenous person directly

Provide the person’s full name and the nation or specific First Nations group to which they belong, as well as their location or other details about them as relevant, followed by the words “personal communication”, and the date of the communication.

- Ensure that the person agrees to have their name included in your paper and confirms the accuracy and appropriateness of the information you present

We spoke with Darlene McIntosh (Lheidli T’enneh Nation, lives in Prince George, British Columbia, Canada, personal communication, March 2020) about traditional understanding of the world by First Nations Peoples in Canada. She described…

- If you are a First Nations person and are sharing your own experiences or the previously unrecorded Traditional Knowledge or Oral Tradition of your people, describe yourself in the text (e.g., what nation you belong to, where you live) to contextualize the origin of the information you are sharing. Do not use a personal citation or provide a reference list entry because you do not need to cite personal information.

Setting up essay pages and formatting tips

Paper: normal letter size paper, type on one side only, double-space.

Margins: 1” (2.54 cm) all round, right margin not justified.

Title and paging: On main Title page include the full title of your paper in bold, your name, the institution name, course name, instructor name and due date of paper. Pagination begins in top right corner.

Font: Use the same font throughout the text of the paper. Font options include: 11-point Calibri, 11-point Arial, 10-point Lucida, 11-point Georgia, 12-point Times New Roman. Confirm with your instructor their preferred font.

Paragraph indentation: Indent the first line of every paragraph 0.5 in. For consistency, use the tab key. The remaining lines of the paragraph should be left-aligned.

On the References page: List in alphabetical order of the sources you used in your essay.

⇒ see an example of a Title page and a References page
Full title of Research Paper

Student’s name

College of New Caledonia

Course number: Name of Course

Instructor

Date due
References


