



# Kinesiology Diploma

## Program Overview

Kinesiology is the study of all aspects of human movement including anatomy and physiology, physical fitness and health, growth and development, individual and team sports, biomechanics, injury management, coaching, teaching, and sport administration.

CNC's Kinesiology Diploma is a two-year full-time program where graduates obtain a general knowledge of the main sub-disciplines of kinesiology. Students have the option of following the diploma stream then completing their studies at a degree granting institution or choosing the Business Specialization stream. The Business Specialization stream is for students seeking a Kinesiology Diploma with the intention of working in the fitness industry as a fitness professional. Students may seek their CESP-CPT certification (Canadian Society for Exercise Physiology – Certified Personal Trainer) at the conclusion of their fourth semester at CNC. This certification entails an additional workshop and exams.

A career in Kinesiology could include the following:

- Sports science and medicine
- Coaching and rehabilitation
- Sports psychology
- Practicing Kinesiologist

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[cnc.bc.ca/international-education/apply](https://cnc.bc.ca/international-education/apply)



## Admission Requirements

- 1 High school, or the equivalent of BC Grade 12 with English 12 minimum "C" grade
- 2 Successful completion of Math 11 or Math 045 or equivalent
- 3 Minimum TOEFL Score of 80 (IBT) or minimum overall academic IELTS score of 6.0 or equivalent, or successful completion of CNC's English for Academic Purposes (EAP) 3

## Why study at CNC?

- Accredited College
- World Class Education
- Affordable Tuition
- Individualized Support
- Quality Academic Advising
- Access to Student Service Tools and Services
- Diverse Student Population
- Transferable Credit to Universities Across Canada
- Northern Canadian Experience
- Great Student Activities

**To apply or enquire about admission requirements, visit [cnc.bc.ca/ined](http://cnc.bc.ca/ined) or e-mail [intladmit@cnc.bc.ca](mailto:intladmit@cnc.bc.ca)**



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