



Occupational First Aid Level 1

8 hours

Course Overview

This is an 8-hour course designed to provide lifesaving first aid skills to workers in industry. Successful students will receive a 3-year Worksafe BC certificate, and will be able to keep their pocket mask.

Additional Information

Candidates must

- be at least 16 years old,
- have minimal but sufficient upper body strength and knee agility to complete first aid skills and lift patients & equipment,
- be able to perform the first aid skills required,
- provide government-approved Photo ID, and
- wear socks and remove footwear in the classroom.

No previous first aid training is required. Successful completion requires 100% participation and attendance, competency performing all first aid skills, and a passing grade on the written exam.

Ready to Register?

Download our [Registration Form](#), phone 250 991 7500, or visit the Office of the Registrar.

FOR MORE INFORMATION:

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