



Occupational First Aid Level 1

Course Overview

This is an 8-hour course designed to provide lifesaving first aid skills to workers in industry. Successful students receive a 3-year Worksafe BC certificate.

Additional Information

Candidates must

- Be at least 16 years of age,
- Have minimal but sufficient upper body strength and knee agility to complete first aid skills and lift patients and equipment,
- Be able to perform the first aid skills required,
- Provide government-approved Photo ID, and
- Wear socks and remove footwear in the classroom.

8 hours
Offered frequently

No previous first aid training is required. Successful completion requires 100% participation and attendance, competency performing all first aid skills, and a passing grade on the written exam.

Ready to Register?

Contact Sherry Lin
P 250 991 7500 ext 1
E quesnel_admissions@cnc.bc.ca
or visit campus to register in person.

FOR GROUP TRAINING:

Karen Cash
P 250 991 7500 ext 7607
E cash@cnc.bc.ca
cnc.bc.ca/ce/quesnel



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