



ASIST

Course Overview

This two-day, skills-based workshop that teaches participants how to recognize and respond to individuals at risk of suicide. Developed by LivingWorks and offered through CMHA, this training equips participants with practical intervention strategies to help keep people safe and connect them to appropriate support.

16 Hours (2 Days)
In-Person

Ready to Register?

Request for [Registration](#)
and/or [Sponsor an Employee Form](#)

FOR MORE INFORMATION:

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