



High Five: Strengthening Children's Mental Health

Course Overview

For anyone running children's programs. You will learn key concepts and factors that affect children's mental health, including the impact of stress and environment on a child's ability to cope. This training will provide tools and suggested activities to use with staff to help improve their understanding of, and interactions with, children who face challenges in their programs.

Fees

\$10

Additional Information

Completion of CECX 140: Principles of Healthy Child Development is recommended.

Ready to Register?

Phone 250 692 1700 or drop by during office hours to register in person.

FOR MORE INFORMATION:

P 250 692 1700

E lkdsdist@cnc.bc.ca

cnc.bc.ca/burnslake

7.5 hours

June 23, 2020

9:00 am - 5:30 pm

2020I CECX 140 CI502

Did you know?

This course is suitable for anyone working with children.

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of New
Caledonia

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Community & Continuing
Education