



Intermediate First Aid

Course Overview

\$525

Gain the skills and confidence to respond to workplace emergencies. This comprehensive two-day course covers essential first aid techniques, CPR, injury assessment, and emergency scene management.

If your workplace is more than 20-minutes from medical aid, or involves higher-risk activities this course is for you.

Additional Information

This course is physically demanding, there will be prolonged periods of kneeling, working in stooped positions, and repositioning other participants. Each participant is required to function as attendant, co worker, and injured worker.

Participants must be 16+ years of age to participate.

14 Hours - Two Days

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2025I CEFA 125

July 14 - 15, 2025

Monday-Tuesday | 8:00 am - 5:00 pm

Registration recommended by
July 4, 2025.

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.

Ready to Register?

Phone 250 997 7200

or drop by during office hours to register in persons

FOR MORE INFORMATION:

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