



# Basic First Aid

## Course Overview

This is an 8-hour course designed to provide lifesaving first aid skills to workers in industry. Successful students receive a 3-year Worksafe BC certificate.

## Additional Information

Candidates must

- Be at least 16 years of age,
- Have minimal but sufficient upper body strength and knee agility to complete first aid skills and lift patients and equipment,
- Be able to perform the first aid skills required,
- Provide government-approved Photo ID, and
- Wear socks and remove footwear in the classroom.

**8 hours**  
**Offered frequently**

**Tuition \$195**

**Previous name: OFA level 1.**

This Basic First Aid course complies with the CSA Z1210-17 standard.

No previous first aid training is required. Successful completion requires 100% participation and attendance, competency performing all first aid skills, and passing the written exam.

## Ready to Register?

Contact us  
P 250 991 7500 ext 1  
E [quesnel\\_admissions@cnc.bc.ca](mailto:quesnel_admissions@cnc.bc.ca)  
or visit campus to register in person.

## FOR GROUP TRAINING:

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