

Basic First Aid

8 hours

Course Overview

This WorkSafe BC class provides training in basic first aid skills including: AED, C-spine control, respiratory and circulatory emergencies, minor soft tissue injuries, accurate completion of documentation, as well as new modules on the identification & management of stroke, diabetes, seizures and fainting.

Additional Information

Certificated valid for 3 years. Must be 16 years of age or older. Photo ID is required.

*Please note- WorkSafe BC has made changes to the Occupational Health and Safety Regulation relating to occupational first aid. These amended regulations include changes to the name of first aid attendant certificates, and for some workplaces the level of services required, these changes will be mandated as of November 1, 2024. Please check with your employer to ensure you are taking the correct level of service for your place of employment.

March 18, 2025
Tuesday | 8:30 am - 4:30 pm
Reg. recommended by March 10, 2025.

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.

Ready to Register?

Phone 250 996 7019

or drop by during office hours to register in person.

FOR MORE INFORMATION:

P 250 996 7019

E cncfsj@cnc.bc.ca

cnc.bc.ca/fsj



School of Access
& Continuing Education