

## **Course Overview**

## FREE

This 8-week Short Order Cook program is designed to incorporate everything from kitchen safety to preparing and cooking on a breakfast, lunch or dinner line in most restaurant kitchens. Participants will receive the following courses as part of training; FoodSafe Level 1, First Host, and Occupational First Aid Level 1; they will learn theory in a classroom setting, on our main campus, and take the practical learning to our fully equipped training kitchen.

This program is for individuals between the ages of 15-30, who may face a multitude of barriers, or who have experienced COVID-19 related hardships.

Not sure if you qualify? Call us today for more information!

# 8 Weeks- 25 Hours/Week Monday-Friday

1

#### 20235

April 11 - June 2, 2023 Mon-Fri |9:00 am - 3:00 pm Registration recommended by March 31, 2023.

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.

## **Ready to Register?**

Phone 250 997 7200

or drop by during office hours to register in person.

### FOR MORE INFORMATION:

P 250 997 7200 E cncmackenzie@cnc.bc.ca **cnc.bc.ca/mackenzie** 

