

## **Course Overview**

\$25

Offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. .

### **Additional information:**

- Lunch, snacks and refreshments provided
- students receive certification from the Canadian Red Cross
- Students must be 11 years of age (or completion of grade 5)

#### **Course Content:**

- First Aid Content: Check, Call, Care (includes phoning EMS/911), glove removal, recovery position, conscious choking (adult/child/baby/alone), CPR (Baby/Child), illness, asthma including use of inhaler and spacer, anaphylaxis including use of EPI- Pen, poisoning, insect bites, wound care (i.e, minor cuts and scrapes, splinters, nosebleeds, bumps and bruises, life-threatening bleeding, burns) head, neck and back injuries, broken bones and seizures.
- How to promote oneself as a babysitter
- · How to feed, dress , diaper and play with children and babies
- How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours
- How to be responsible and demonstrate leadership
- How to make good decisions and manage difficult behaviours



#### 2022F CEFA 116

November 25, 2022 Friday | 8:30 am - 4:30 pm Registration recommended by October 28, 2022

Please register before the recommended date as courses under-enrolled as of this date may be postponed or cancelled. Registrations after this date will be accepted if space is available.

THANKS TO FUNDING FROM CENTERRA GOLD AND MORFEE ELEMENTARY PAC, WE ARE ABLE TO OFFER THIS COURSE AT THIS REDUCED RATE

# **Ready to Register?**

**Phone 250 997 7200** or drop by during office hours to register in person.

### FOR MORE INFORMATION:

P 250 997 7200 E cncmackenzie@cnc.bc.ca **cnc.bc.ca/mackenzie** 





