



# Babysitter Training

## Course Overview

**\$25**

Offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. .

### Additional information:

- Lunch, snacks and refreshments provided
- students receive certification from the Canadian Red Cross
- Students must be 11 years of age (or completion of grade 5)

### Course Content:

- First Aid Content: Check, Call, Care (includes phoning EMS/911), glove removal, recovery position, conscious choking (adult/child/baby/alone), CPR (Baby/Child), illness, asthma including use of inhaler and spacer, anaphylaxis including use of EPI- Pen, poisoning, insect bites, wound care ( i.e. minor cuts and scrapes, splinters, nosebleeds, bumps and bruises, life-threatening bleeding, burns) head, neck and back injuries, broken bones and seizures.
- How to promote oneself as a babysitter
- How to feed, dress , diaper and play with children and babies
- How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours
- How to be responsible and demonstrate leadership
- How to make good decisions and manage difficult behaviours

**8 hours  
Offered 1 time**

**1**

**2023S CEFA 116**

March 11, 2023

Saturday | 8:30 am - 5:30 pm

Registration recommended by  
March 3, 2023

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Please register before the recommended date as courses under-enrolled as of this date may be postponed or cancelled. Registrations after this date will be accepted if space is available.

**THANKS TO FUNDING FROM CENTERRA GOLD AND MORFEE ELEMENTARY PAC, WE ARE ABLE TO OFFER THIS COURSE AT THIS REDUCED RATE**

## Ready to Register?

**Phone 250 997 7200**

or drop by during office hours to register in person.

### FOR MORE INFORMATION:

P 250 997 7200

E [cncmackenzie@cnc.bc.ca](mailto:cncmackenzie@cnc.bc.ca)

[cnc.bc.ca/mackenzie](http://cnc.bc.ca/mackenzie)



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