



Management Skills for Supervisors

Self-Management and Leadership Skills Development

Course Overview

\$665*

Effective leaders have a vision and can lead their teams through change and uncertainty. Learn how to manage stress, remain optimistic in challenging times, effectively manage your time, and leverage your strengths.

Text book: Course materials are provided.

Approximately one week before the course starts you will receive a confirmation email that provides additional course details.

26 Hours Online

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2027S CESS 153 101

January 13, - February 10, 2027

Online - Synchronous

Monday & Wednesday | 6:30pm - 9:30pm

Registration recommended by

Tuesday, December 29, 2026

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.

This course is part of the Management Skills for Supervisors series, which may be eligible for funding through the StrongerBC Future Skills Grant when students register in all three required courses.

See the StrongerBC future skills grant for details.

*Tuition is subject to applicable student fees and taxes.

Ready to Register?

Request for [Registration](#);
and/or [Sponsor an Employee Form](#)

FOR MORE INFORMATION:

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