



# Intermediate First Aid

## Course Overview

**\$314**

Intermediate First Aid prepares employees to handle more complex emergencies effectively. This 16-hour course provides the first aid knowledge and training required for the Intermediate First Aid certificate from WorkSafeBC. The certificate is valid for 3 years.

### Additional Information

Candidates must:

- Be at least 16 years of age,
- Have minimal but sufficient upper body strength and knee agility to complete first aid skills and lift patients and equipment,
- Be able to perform the first aid skills required,
- Provide government-approved Photo ID, and
- Wear socks and remove footwear in the classroom.

## 16 Hours Offered In-Person

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2026 CEFA 125 401

May 5 & 6, 2026

Tuesday & Wednesday | 8:30am - 4:30pm

Registration recommended by

Monday, April 27, 2026.

Vanderhoof Campus

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.

## Ready to Register?

Request for [Registration](#)  
and/or [Sponsor an Employee Form](#)

### FOR MORE INFORMATION:

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