



Intermediate First Aid

Course Overview

\$380.38

Intermediate First Aid prepares employees to handle more complex emergencies effectively. This 16-hour course provides the first aid knowledge and training required for the Intermediate First Aid certificate from WorkSafeBC. The certificate is valid for 3 years.

Additional Information

Candidates must:

- Be at least 16 years of age,
- Have minimal but sufficient upper body strength and knee agility to complete first aid skills and lift patients and equipment,
- Be able to perform the first aid skills required,
- Provide government-approved Photo ID, and
- Wear socks and remove footwear in the classroom.

**14 Hours (2 Days)
Offered In-Person**

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2026S CEFA 125 201

February 19–20, 2026

Thursday & Friday | 8:00am - 5:00pm

Registration recommended by

Thursday, February 12, 2026.

Quesnel Campus

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.

Ready to Register?

[Request for Registration](#)
[and/or Sponsor an Employee Form](#)

FOR MORE INFORMATION:

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New Caledonia