



# Intermediate First Aid

## Course Overview

**\*Price Varies**

Intermediate First Aid prepares employees to handle more complex emergencies effectively. This 16-hour course provides the first aid knowledge and training required for the Intermediate First Aid certificate from WorkSafeBC. The certificate is valid for 3 years.

### Additional Information

Candidates must:

- Be at least 16 years of age,
- Have minimal but sufficient upper body strength and knee agility to complete first aid skills and lift patients and equipment,
- Be able to perform the first aid skills required,
- Provide government-approved Photo ID, and
- Wear socks and remove footwear in the classroom.

\*Price varies by campus. Please contact your campus for details.

## 14 Hours (2 Days) Offered In-Person

**1**

**2026S CEFA 125 201**

**February 19-20, 2026**

Thursday & Friday | 8:00am - 5:00pm

Registration recommended by

Thursday, February 12, 2026.

Quesnel Campus

**2**

**2026S CEFA 125 402**

**February 19 & 20, 2026**

Thursday & Friday | 8:30am - 4:30pm

Registration recommended by

Wednesday, February 11, 2026.

Vanderhoof Campus

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.

## Ready to Register?

Request for [Registration](#)  
and/or [Sponsor an Employee Form](#)

### FOR MORE INFORMATION:

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