



Basic First Aid

Course Overview

This is an 8-hour course designed to provide lifesaving first aid skills to workers in industry. Successful students will receive a 3-year Worksafe BC certificate. This course was previously called **OFA level 1**.

No previous first aid training is required. Successful completion requires 100% participation and attendance, competency performing all first aid skills, and passing the written exam.

Additional Information

Candidates must:

- Be at least 16 years of age,
- Have minimal but sufficient upper body strength and knee agility to complete first aid skills and lift patients and equipment,
- Be able to perform the first aid skills required,
- Provide government-approved Photo ID, and
- Wear socks and remove footwear in the classroom

Ready to Register?

Request for [Registration](#)
and/or [Sponsor an Employee Form](#)

FOR MORE INFORMATION:

P 250 561 5846

E continuinged@cnc.bc.ca

cnc.bc.ca/ce

8 Hours Offered In-Person

**Offered in Burns Lake, Mackenzie,
Quesnel, and Vanderhoof**

Please contact your campus for details.
Price varies by campus



College of
New Caledonia