



# Basic First Aid

## Course Overview

**\$217.35**

This is an 8-hour course designed to provide lifesaving first aid skills to workers in industry. Successful students will receive a 3-year Worksafe BC certificate. This course was previously called **OFA level 1**.

No previous first aid training is required. Successful completion requires 100% participation and attendance, competency performing all first aid skills, and passing the written exam.

### Additional Information

Candidates must:

- Be at least 16 years of age,
- Have minimal but sufficient upper body strength and knee agility to complete first aid skills and lift patients and equipment,
- Be able to perform the first aid skills required,
- Provide government-approved Photo ID, and
- Wear socks and remove footwear in the classroom.

## Ready to Register?

[Request for Registration](#)  
and/or [Sponsor an Employee Form](#)

### FOR MORE INFORMATION:

P 250 991 7500

E [quesnel\\_admissions@cnc.bc.ca](mailto:quesnel_admissions@cnc.bc.ca)

[cnc.bc.ca/ce](http://cnc.bc.ca/ce)

## 8 Hours Offered In-Person

- 1** **2026S CEFA 120 204**  
**April 1, 2026**  
Wednesday | 8:00am - 5:00pm  
Registration recommended by  
March 24, 2026.  
Quesnel Campus
- 2** **2026I CEFA 120 201**  
**May 6, 2026**  
Wednesday | 8:00am - 5:00pm  
Registration recommended by  
April 28, 2026.  
Quesnel Campus
- 3** **2026I CEFA 120 202**  
**May 27, 2026**  
Wednesday | 8:00am - 5:00pm  
Registration recommended by  
May 19, 2026.  
Quesnel Campus
- 4** **2026I CEFA 120 203**  
**June 8, 2026**  
Wednesday | 8:00am - 5:00pm  
Registration recommended by  
May 31, 2026.  
Quesnel Campus

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.



College of  
New Caledonia