



# Basic First Aid

## Course Overview

**\$229**

This is an 8-hour course designed to provide lifesaving first aid skills to workers in industry. Successful students will receive a 3-year Worksafe BC certificate. This course was previously called **OFA level 1**.

No previous first aid training is required. Successful completion requires 100% participation and attendance, competency performing all first aid skills, and passing the written exam.

## Additional Information

Candidates must:

- Be at least 16 years of age,
- Have minimal but sufficient upper body strength and knee agility to complete first aid skills and lift patients and equipment,
- Be able to perform the first aid skills required,
- Provide government-approved Photo ID, and
- Wear socks and remove footwear in the classroom.

## 8 Hours Offered In-Person

**1**

**2026S CEFA 120 502**

**March 9, 2026**

Monday | 9:00am - 5:00pm

Registration recommended by

Monday, March 2, 2026.

Burns Lake Campus

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.

## Ready to Register?

[Request for Registration](#)  
[and/or Sponsor an Employee Form](#)

## FOR MORE INFORMATION:

P 250 692 1700

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