



# Basic First Aid

## Course Overview

**\$325**

This is a 7-hour course designed to provide lifesaving first aid skills to workers in industry. Successful students will receive a 3-year Worksafe BC certificate.

No previous first aid training is required. Successful completion requires 100% participation and attendance, competency performing all first aid skills, and passing the written exam.

## Additional Information

Candidates must:

- Be at least 16 years of age,
- Have minimal but sufficient upper body strength and knee agility to complete first aid skills and lift patients and equipment,
- Be able to perform the first aid skills required,
- Provide government-approved Photo ID, and
- Wear socks and remove footwear in the classroom.

## 8 Hours Offered In-Person

**1**

**2026S CEFA 120 301**

**January 19, 2026**

Monday | 8:00am - 4:30pm  
Registration recommended by Friday, January 9, 2026.  
Mackenzie Campus

**2**

**2026S CEFA 120 302**

**February 2, 2026**

Monday | 8:00am - 4:30pm  
Registration recommended by Friday, January 23, 2026.  
Mackenzie Campus

**3**

**2026S CEFA 120 303**

**March 2, 2026**

Monday | 8:00am - 4:30pm  
Registration recommended by Friday, February 20, 2026.  
Mackenzie Campus

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.

## Ready to Register?

[Request for Registration](#)  
[and/or Sponsor an Employee Form](#)

## FOR MORE INFORMATION:

P 250 997 7200

E [cncmackenzie@cnc.bc.ca](mailto:cncmackenzie@cnc.bc.ca)

[cnc.bc.ca/ce](http://cnc.bc.ca/ce)



College of  
New Caledonia



# Basic First Aid

## Course Overview

**\$217.35**

This is an 8-hour course designed to provide lifesaving first aid skills to workers in industry. Successful students will receive a 3-year Worksafe BC certificate. This course was previously called **OFA level 1**.

No previous first aid training is required. Successful completion requires 100% participation and attendance, competency performing all first aid skills, and passing the written exam.

### Additional Information

Candidates must:

- Be at least 16 years of age,
- Have minimal but sufficient upper body strength and knee agility to complete first aid skills and lift patients and equipment,
- Be able to perform the first aid skills required,
- Provide government-approved Photo ID, and
- Wear socks and remove footwear in the classroom.

## 8 Hours Offered In-Person

**1**

**2026S CEFA 120 201**

**January 28, 2026**

Wednesday | 8:00am - 5:00pm  
Registration recommended by Wednesday, January 21, 2026.  
Quesnel Campus

**2**

**2026S CEFA 120 202**

**February 18, 2026**

Wednesday | 8:00am - 5:00pm  
Registration recommended by Wednesday, February 11, 2026.  
Quesnel Campus

**3**

**2026S CEFA 120 203**

**March 4, 2026**

Wednesday | 8:00am - 5:00pm  
Registration recommended by Wednesday, February 25, 2026.  
Quesnel Campus

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.

## Ready to Register?

[Request for Registration](#)  
[and/or Sponsor an Employee Form](#)

### FOR MORE INFORMATION:

P 250 991 7500

[Equesnel\\_admissions@cnc.bc.ca](mailto:Equesnel_admissions@cnc.bc.ca)

[cnc.bc.ca/ce](http://cnc.bc.ca/ce)



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