



Basic First Aid

Course Overview

\$325

This is a 7-hour course designed to provide lifesaving first aid skills to workers in industry. Successful students will receive a 3-year Worksafe BC certificate.

No previous first aid training is required. Successful completion requires 100% participation and attendance, competency performing all first aid skills, and passing the written exam.

Additional Information

Candidates must:

- Be at least 16 years of age,
- Have minimal but sufficient upper body strength and knee agility to complete first aid skills and lift patients and equipment,
- Be able to perform the first aid skills required,
- Provide government-approved Photo ID, and
- Wear socks and remove footwear in the classroom.

Ready to Register?

Request for [Registration](#)
and/or [Sponsor an Employee Form](#)

FOR MORE INFORMATION:

P 250 997 7200

E cncmackenzie@cnc.bc.ca

cnc.bc.ca/ce

8 Hours Offered In-Person

1

2026S CEFA 120 301

January 19, 2026

Monday | 8:00am - 4:30pm

Registration recommended by
Friday, January 9, 2026.

Mackenzie Campus

2

2026S CEFA 120 302

February 2, 2026

Monday | 8:00am - 4:30pm

Registration recommended by
Friday, January 23, 2026.

Mackenzie Campus

3

2026S CEFA 120 303

March 2, 2026

Monday | 8:00am - 4:30pm

Registration recommended by
Friday, February 20, 2026.

Mackenzie Campus

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.



College of
New Caledonia



Basic First Aid

Course Overview

\$217.35

This is an 8-hour course designed to provide lifesaving first aid skills to workers in industry. Successful students will receive a 3-year Worksafe BC certificate. This course was previously called **OFA level 1**.

No previous first aid training is required. Successful completion requires 100% participation and attendance, competency performing all first aid skills, and passing the written exam.

Additional Information

Candidates must:

- Be at least 16 years of age,
- Have minimal but sufficient upper body strength and knee agility to complete first aid skills and lift patients and equipment,
- Be able to perform the first aid skills required,
- Provide government-approved Photo ID, and
- Wear socks and remove footwear in the classroom.

Ready to Register?

Request for [Registration](#)
and/or [Sponsor an Employee Form](#)

FOR MORE INFORMATION:

P 250 991 7500

E quesnel_admissions@cnc.bc.ca

cnc.bc.ca/ce

8 Hours Offered In-Person

1

2026S CEFA 120 201

January 28, 2026

Wednesday | 8:00am - 5:00pm

Registration recommended by
Wednesday, January 21, 2026.

Quesnel Campus

2

2026S CEFA 120 202

February 18, 2026

Wednesday | 8:00am - 5:00pm

Registration recommended by
Wednesday, February 11, 2026.

Quesnel Campus

3

2026S CEFA 120 203

March 4, 2026

Wednesday | 8:00am - 5:00pm

Registration recommended by
Wednesday, February 25, 2026.

Quesnel Campus

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.



College of
New Caledonia