



Kinesiology

Kinesiology is the study of all aspects of human movement—the foundation of the fitness industry, rehabilitation, and physical education.

Kinesiology is suited to people who are motivated to develop a theoretical understanding of fitness, physical wellness, and athletic performance.

The Kinesiology Diploma program offers a wide variety of first and second year courses that transfer into a Kinesiology degree-granting institution.

Courses cover:

- ⇒ Anatomy and physiology
- ⇒ Physical fitness and health
- ⇒ Growth and development
- ⇒ Biomechanics and injury management
- ⇒ Performance analysis
- ⇒ Coaching
- ⇒ Sport administration



Prince George



Diploma



2 years



September

School of Human Services, University
Transfer, and Business Studies
For up-to-date information on fees,
courses, and programs visit
cnc.bc.ca



What do I need?

- ⇒ Grade 12 (with English 12 or English 12: First Peoples) or
- ⇒ ABE/Academic Upgrading Advanced Certificate or
- ⇒ GED Certificate
- ⇒ Grade 11, with an outstanding academic record, in the year of application.

Note 1: It is recommended high school students consult their counsellors to ensure they select the most appropriate high school courses for their chosen career paths.

Note 2: Students who received less than a “B” in English 12 or its equivalent are encouraged to select English 103 as their first university credit English course.

Note 3: The GED certificate meets the general admission requirements, but does not meet specific program or course prerequisites.

Notes 4: You’ll need to comply with the prerequisites of the specific courses you select.

See specific programs for more details on our website.

Contact Future Student Services

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